



LOUNGE & BISTRO

# *the* MENU

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## BREAKFAST

*served till noon*

### ENGLISH BREAKFAST (E), (G)

*Fried eggs, bacon, sausages, tomatoes,  
mushrooms, baked beans & toast*

€6.50

### OMELETTES (E), (LM)

*Served with fries*

*Classic Omelette: €5.50*

*Ham & Cheese: €5.95*

### EGGS BENEDICT (E), (G), (LM), (M)

*Classic Brioche, poached eggs, avocado,  
hollandaise sauce & fresh chives*

€9.95

*Add bacon: €1.50*

*Add smoked salmon: €2.80*

### SCRAMBLED EGGS (E), (G), (LM), (N), (SS)

*Served on classic brioche*

€6.00

*Add avocado: €1.50*

*Add bacon: €1.50*

### CROISSANTS (E), (G), (LM)

*Ham & Cheese*

€3.50

*\*\*If you have a food allergy or special dietary requirements, please inform a member of staff.*

## WRAPS / CIABATTAS

*served till 16:00hrs*

### **BEEF (E), (G), (LM)**

*Beef, bell peppers, onions, mozzarella,*

*Asian salad mix, Asian mayo*

*Served with fries*

€8.95

### **CHICKEN (C), (E), (G), (LM)**

*Chicken, Korean carrots, tomatoes, red  
cabbage coleslaw, sweetcorn & mozzarella*

*Served with fries*

€8.50

### **VEGETARIAN (G)**

*Sweetcorn, tomatoes, red cabbage, apricot,  
Asian salad mix, Korean carrots & mushrooms*

*Served with fries*

€8.50

### **SALMON (E), (F), (G), (LM), (SS)**

*Smoked salmon, sour cream, tomatoes, cucumber,  
Asian salad mix, & hard boiled eggs.*

*Served with fries*

€9.50

### **BREAKFAST (E), (G), (LM)**

*Sausages, bacon, scrambled eggs,  
tomatoes & cheese*

*Served with fries*

€8.50

## SALADS

### **CHICKEN CAESAR SALAD (E), (G), (LM)**

*Iceberg lettuce, grilled chicken breast, crispy  
bacon, croutons, parmesan shavings &  
homemade caesar dressing*

€14.00

### **BURRATA SALAD (G), (LM), (M)**

*Burrata, served on a bed of rocket leaves, with  
parma ham & tomatoes,  
drizzled with an orange dressing*

€13.95

### **VEGAN BUDDHA BOWL (LM), (N), (SD)**

*Quinoa, kale, avocado, cherry tomatoes,  
marinated apricots, cucumber, purple cabbage,  
carrots, cashew nuts, pumpkin seeds,  
drizzled with basil oil*

€13.95

### **BEEF SALAD (SS)**

*Asian salad mix, marinated cucumber, cherry  
tomatoes, orange segment, Korean carrots,  
zucchini, radishes, sesame seeds & olive oil*

€14.00

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## STARTERS

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### BRUSCHETTA (G)

*Tomatoes, fresh basil, garlic  
& olive oil*

€4.95

### SALMON BRUSCHETTA (E), (F), (G), (LM), (SS)

*Smoked salmon, sour cream,  
lemon zest, chives & dill*

€6.95

### TRIO OF SAUSAGES (G), (M)

*Fennel sausage, Maltese Sausage & Spicy  
served with honey mustard sauce*

€9.50

### BEEF CARPACCIO (E), (G), (LM), (M), (N)

*With rocket leaves, parmesan shavings, walnut,  
radishes & spicy hollandaise dressing*

€12.50

### CRISPY CHICKEN STRIPS (C), (E), (G), (LM), (SB)

*Served with pickled veg & sweet chilli sauce*

€8.95

### CALAMARI FRITTI (E), (F), (G), (LM), (M), (MS)

*Served with a petite salad & tartar sauce*

€12.95

### POT OF SHELLFISH (C), (CC), (F), (LM), (MS)

*Cozze & vongole cooked in white wine,  
cherry tomatoes, fresh basil & chilli*

€11.50

### BURRATINA (G), (LM), (SB), (SD)

*Served on a bed of crispy salad leaves, apricots,  
sundried cherry tomatoes, artichokes & basil oil*

€9.50

### BRUSCHETTA FOCACCIA (G)

*Tomatoes, garlic, fresh basil  
mozzarella & olive oil*

€12.50

### OLIVE & ANCHOVY FOCACCIA (C), (CC), (E), (F), (G), (M)

*Olives, anchovies, cherry tomatoes, onions,  
rosemary, olive oil & fresh basil. Served with a  
sundried tomatoes, olive oil & capers dip*

€12.50

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## PLATTERS

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### MALTESE PLATTER (C), (G), (LM)

*Maltese sausages, local peppered goat cheese,  
sundried tomatoes, kalamata olives, bigilla  
(bean paste), caponata, focaccia,  
tomato paste (kunserva) & water biscuits*

€18.95

### NACHO PLATTER (C), (E), (LM)

*Guacamole, chunky tomato salsa, jalapenos,  
red kidney beans, cheese & sour cream*

€15.00

-Add Chicken €3.50

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## PASTA

*Gluten Free Pasta is available at an extra €2 charge*

### **PACCHERI CARBONARA (E),(G),(LM)**

*Guanciale, pecorino,  
egg yolks & black pepper*

€13.50

### **PACCHERI POLLO (E),(G),(LM)**

*Chicken, pancetta, mushrooms  
leeks, truffle, in white sauce*

€13.95

### **SPAGHETTI AL RAGU (C),(E),(G),(LM),(SB)**

*A classic thick rich meat-based sauce*

€13.95

### **SPAGHETTI RABBIT STEW (C),(E),(SB)**

*A traditional Maltese rabbit stew sauce*

€14.00

### **PENNE AL SALMONE (C),(CC),(E),(F),(G),(LM)**

*Salmon, fresh spinach, cherry tomato, cooked in  
white wine & tomato sauce with a touch of cream  
and fresh dill*

€14.95

### **SPAGHETTI FRUTTI DI MARE (C),(CC),(E),(F),(G),(LM),(MS)**

*Cozze, vongole, calamari, tiger prawns, olives,  
cherry tomatoes, brisque sauce and fresh herbs*

€15.95

### **CHICKEN CURRY (CC),(E),(F),(G),(MS),(SB)**

*Chicken, onions, garlic, ginger, Greek yogurt,  
curry & coconut milk. Served with basmati rice.*

€14.50

### **SPAGHETTI VONGOLE (CC),(E),(F),(G),(MS),(SB)**

*Garlic oil, chilli, cherry tomatoes, parsley &  
white wine.*

€15.50

### **BURRATA RISOTTO (C),(G),(LM),(N),(SB)**

*Guanciale, burrata, walnuts, parmesan in a  
homemade pesto sauce*

€14.50

### **MUSHROOMS & TRUFFLE RISOTTO (C),(G),(LM)**

*Funghi porcini, button mushrooms,  
parmesan shavings, truffles & chives*

€14.95

## KIDS MENU

### **KIDS PENNE (E),(G)**

*Plain with butter & cheese; or tomato sauce*

€6.00

### **KIDS PIZZA (G),(LM)**

*With tomato sauce mozzarella & fries  
or wudy or both*

€6.50

### **CHICKEN NUGGETS & CHIPS (C),(E),(G),(M)**

€6.00

*\*\*If you have a food allergy or special dietary requirements, please inform a member of staff.*

## BURGERS

*All Burgers are served with fries*

### **MALTESE BURGER (E),(G),(LM),(SS)**

*Homemade pork & beef burger, rocket leaves,  
peppered goat cheese, bacon, tomato, &  
Mediterranean mayo*

€15.50

### **CHICA BURGER (E),(G),(LM),(SS)**

*Crispy breaded chicken, bacon, cheddar cheese, Korean  
spicy carrots, caramelised onions, gherkins, lettuce,  
tomatoes & spicy mayo*

€13.50

### **GRILL THRILL BURGER (E),(G),(LM),(SS)**

*Homemade beef burger, cheese, bacon, crispy onions,  
gherkins, lettuce, tomatoes, Mingles burger sauce*

€14.95

## FROM THE GRILL

### **SUPREME FILLET OF BEEF (G),(LM)**

*300gr raw fillet of beef cooked to your liking  
Served with thyme jus, roast potatoes  
& seasonal vegetables*

€28.50

### **RIBEYE STEAK (G),(LM)**

*300gr raw ribeye steak cooked to your liking  
Served with thyme jus, roast potatoes  
& seasonal vegetables*

€26.50

### **TAGLIATA (LM)**

*300gr raw tagliata cooked to your liking  
served with rucola, parmesan shavings, cherry  
tomatoes & a side of roast potatoes*

€24.95

### **GRILLED CHICKEN BREAST (G),(LM),(M)**

*Drizzled with a green apple, wholegrain  
mustard & dill sauce.*

*Served with mash potatoes*

€19.50

### **BBQ PORK RIBS (C),(G),(LM)**

*Full rack of ribs cooked in our homemade BBQ  
sauce. Served with fries & corn on the cob*

€22.50

### **MALTESE RABBIT (C),(G),(SB)**

*Rabbit cooked in garlic and white wine.*

*Served with chips & salad*

€19.95

### **LAMB SHANKS (C),(G),(SB)**

*Lamb shank cooked in red wine. Served with  
mash potatoes, French beans & mint sauce*

€23.50

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## FROM THE SEA

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### SEABASS (SPNOTTA) (F),(SB)

*Grilled or oven-baked. Served with chips & salad*

€22.50

### IMPEPATA DI COZZE (C),(CC),(F),(LM),(MS)

*Served with chips & homemade bread*

€19.50

### SWORDFISH (F),(SB)

*Grilled swordfish, with fresh  
herbs & lemon wedge.*

*Served with chips, salad & caper sauce*

€19.50

### FILLET OF SALMON (F),(G)

*Baked fillet of crusted salmon, with bok choy &  
salsa verde.*

*Served with chips & salad*

€22.50

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## SIDES

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### SEASONAL VEGETABLES

€3.50

### ROAST POTATOES (LM)

€3.50

### FRESH SALAD

€3.50

### SWEET POTATO FRIES

€4.95

### SIDE SAUCE (G),(LM)

*Pepper / Mushroom Sauce*

*Gorgonzola / Bbq*

€3.00

### FRIES

€3.50

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## PIZZA

### MARGHERITA (G),(LM)

Tomatoes, mozzarella, fresh basil, oregano

€9.95

### PEPERONI (G),(LM)

Tomatoes, mozzarella, peperoni, oregano

€11.50

### CAPRICCIOSA (E),(G),(LM)

Tomato sauce, mushrooms, ham, olives, eggs,  
artichokes, mozzarella, oregano

€12.50

### BBQ CHICKEN (C),(G),(LM)

Chicken, sweetcorn, mixed bell peppers, onions,  
mozzarella, bbq sauce

€13.95

### AI FRUTTI DI MARE (C),(CC),(F),(G),(LM),(MS)

Cozze, vongole, tuna, cherry tomatoes,  
olives & fresh basil

€14.50

### CALZONE (E),(G),(LM)

Tomato sauce, mushrooms, ham, eggs,  
mozzarella, oregano

€13.50

### FUNGHI (G),(LM)

Tomatoes, mozzarella, mushrooms, oregano

€11.50

### QUATTRO FORMAGGI (G),(LM),(N)

Blue cheese, cheddar, parmeggiano  
mozzarella, walnuts & a drizzle of honey

€14.00

### ITALIAN (G),(LM)

Tomato sauce, burrata, parma ham,  
parmeggiano, rucola

€13.95

### VEGETARIAN (G),(LM)

Tomato sauce, mushrooms, onions, olives, bell  
peppers, sweetcorn, cherry tomatoes, mozzarella

€12.95

### MALTESE (G),(LM)

Tomato sauce, Maltese sausage, goat cheese,  
sundried tomatoes, capers, mozzarella

€13.95

### MINGLES' SPECIAL (G),(LM),(N),(SS)

Mortadella, burrata, sesame seeds, walnuts,  
homemade pesto, mozzarella

€14.50

## ALLERGEN INFORMATION

\*Food prepared in our restaurant may contain the following ingredients in the below Allergen List and each dish on this menu is marked with the corresponding letter to that group of ingredients, if it contains any.

However, if you have a food allergy or special dietary requirements, please inform a member of staff.

(C): Celery; (CC): Crustaceans; (E): Eggs; (F): Fish; (G): Cereals containing gluten (wheat, rye, barley, oats, spelt); (L): Lupin; (LM): Milk (including lactose); (M): Mustard; (MS): Molluscs; (N): Nuts (almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts); (P): Peanuts; (SB): Soybeans; (SD): Sulphur dioxide and sulphites; (SS): Sesame seeds